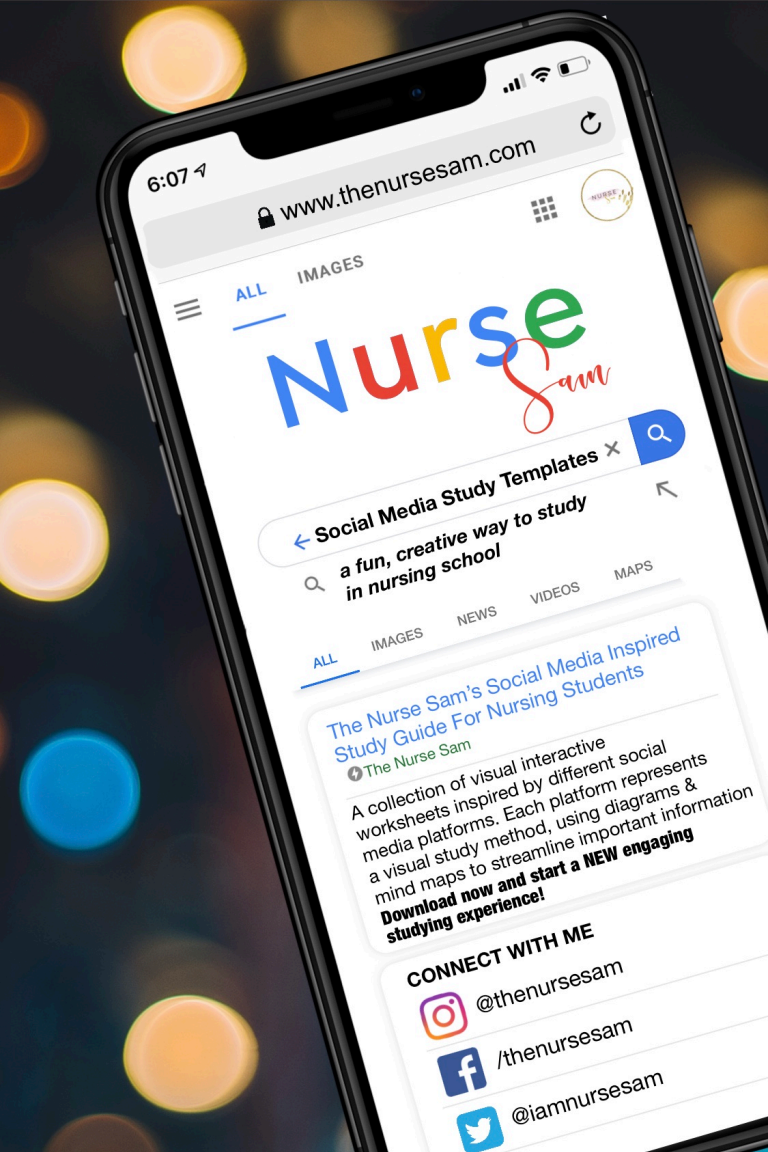
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-NURSEbook is a Facebook-inspired study template designed for the effective studying of pathophysiology and med-surg disease processes

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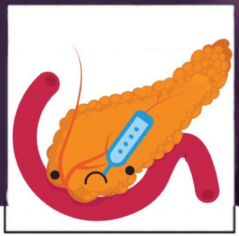
Each digital copy includes 5 blank templates of each.

BONUS CONTENT: Examples of my notes using this method are included with purchase

NURSE book



Love is like pancreatitis; it starts off slow, then builds in intensity until you become consumed and develop violent cramps.

Dana Gould

Pancreatitis

timeline | about | photos

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Pathophysiology:

Inflammation of the Pancreas

@Most Common Cause is alcohol abuse

Digestive enzymes begin to digest pancreatic tissue ▶ Pancreatic fluid leaks, burning surrounding tissue.

Causes/Risk factors:

Nursing Considerations

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Signs & Symptoms

- Abdominal Pain
- N/V, wt loss, ↓ bowel sounds
- Cullen's sign: Bruise on Abdomen Turner's sign: Bruise on Flank
- Fever, Jaundice
- Board-like abdomen
- Makes pain worse? Eating fatty foods Better? Fetal Positioning

Diagnostics:

Important Findings

↑ amylase, lipase, WBC, glucose

Radiology: CT scan & ERCP

NURSE

When kidneys clear amylase faster than they clear creatinine, suspect #acutepancreatitis

↓ pancreatic fluid volume + high fecal fat content Suggest #chronicpancreatitis

Like Comment Share

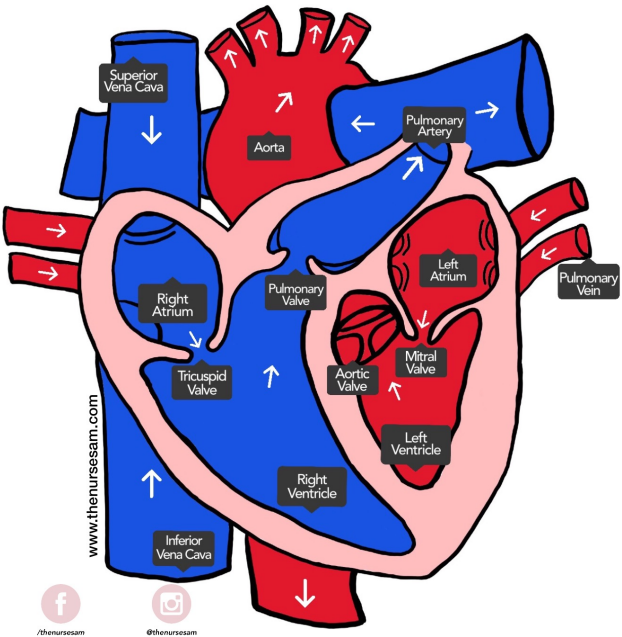
Treatments & Medications:

Nothing By Mouth
Allows for Pancreas rest. Insert NG tube for decompression & Nutrition. #NPO
21h Like Reply

Pain Control
Dilaudid or Demerol. Avoid morphine → causes spasms of the sphincter of Oddi.
21h Like Reply

Pancreatic Enzymes
Aids in fat digestion.
Give immediately before meals.
18h Like Reply

Bloodflow_through_theheart



#FromBodyToLungs→#DeoxygenatedBlood

#FromLungsToBody→#OxygenatedBlood

NURSE tweets

Route
PO, IV

Labs to monitor
Potassium

brand Lanoxin

@generic digoxin

Classification
cardiac glycoside

Therapeutic Use
Heart Failure
Atrial Fibrillation

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Side Effects

- Arrhythmias
- Bradycardia
- Anorexia
- N/V/D
- Fatigue
- electrolyte imbalances & toxicity

Nursing Considerations **Teachings**

Take apical pulse for #One Full Minute prior to dosing

Hold dose if pulse < 60/min

Monitor for S/S of #toxicity

- anorexia
- nausea
- vomiting
- diarrhea
- visual disturbances

Patients on antibiotics have an ↑ risk of toxicity r/t altered gut flora

Therapeutic serum levels: 0.5 – 2 ng/mL

For severe arrythmias r/t toxicity, #DigiBind is given as a reversal

Mechanism of Action

↓ conduction through the SA & AV nodes.

- ↑ cardiac output
- Slows the HR

Contraindications

- Hypersensitivity
- Ventricular fibrillation
- Digitalis toxicity
- AV block
- IHSS
- WPW syndrome

Dosing

0.125 – 0.25mg

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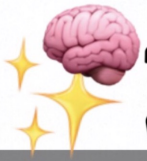
12 CRANIAL nerves



Oh Oh Oh To Touch And Feel Very Good Vehicles, Ah Heaven!

[S] Sensory — **OLFACTORY** - Smell

[S] Sensory — **OPTIC** – Sight

[M] motor — **OCULOMOTOR** - Eye Movement

[M] motor — **TROCHLEAR** - Eye Movement

[B] Both — **TRIGEMINAL** - Facial Sensations; Chewing

[M] motor — **ABDUCENS** - Eye movement

[B] Both — **FACIAL** - Taste buds, tears, saliva, Smiling

[S] sensory — **VESTIBULOCOCHLEAR** – Hearing & Balance

[B] Both — **GLOSSOPHARYNGEAL** – Taste & swallowing

[B] Both — **VAGUS** – Control of PNS

[M] motor — **ACCESSORY** – Shoulder shrugging

[M] motor — **HYPOGLOSSAL** – Tongue

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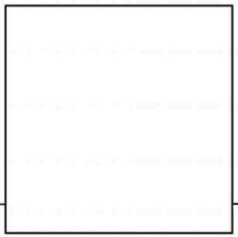

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Pathophysiology:

Signs & Symptoms

Causes/Risk factors:

Diagnostics:

Nursing Considerations

Treatments & Medications:

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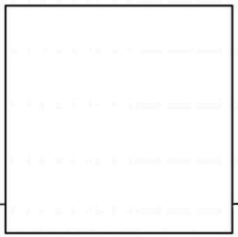

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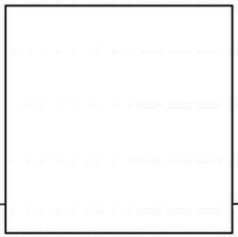

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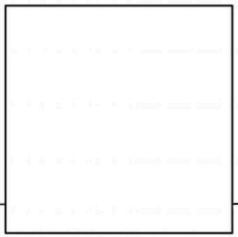

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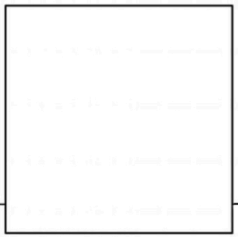

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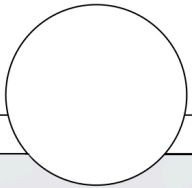

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brand

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Classification

Therapeutic Use

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Side Effects

Nursing Considerations Teachings

Mechanism of Action

Contraindications

Dosing

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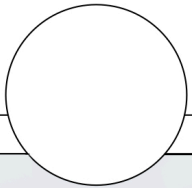

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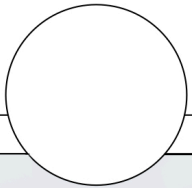

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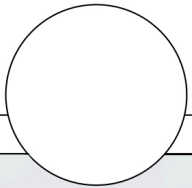

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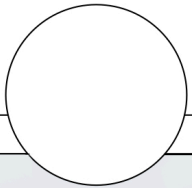

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